

Day Therapy Drop-in Service



St Ann's Hospice

every day makes a difference

Welcome to Day Therapy

What is the Drop-in Service?

The St Ann's Hospice Day Therapy Drop-in Service is a regular, informal day held at our Heald Green site, providing specialist advice and support for people living with, or affected by, life-limiting illnesses.

We understand that everybody is different and the Drop-in Service is designed to help people access the support they need - from physiotherapy to counselling and complementary therapy to hairdressing.

It is confidential, free of charge and no appointment is necessary.

Who can attend?

Patients with life-limiting illnesses and their families and carers (who are also welcome to attend independently of patients).

How does it work?

The Drop-in Service takes place every **Monday between 9am and 6pm (except for Bank Holidays) and will commence on 3rd November 2014.**

When you come along for your first visit, you can have an initial assessment to evaluate your individual needs and requirements. There will be various activities (listed opposite) which you may be able to access following discussion with our trained staff.

How can you find out more?

If you would like to speak to someone about this service, please contact Del Wray (Project Lead) on 0161 498 3611 or email dwray@sah.org.uk

Services

Services:

Nurse Assessment

Medical Assessment

Hairdressing

Time:

1000 - 1500

1000 - 1130 & 1330 - 1530

1000 - 1500

Access to Social Worker for Advice & Information

Access / Referral to Counselling Support

Morning Sessions:

Creative Therapy Art Class (group)

1000 - 1200

Social Interaction & Peer Support

1000 - 1200

Afternoon Sessions:

Religious & Spiritual Support

1330 - 1530

Complementary Therapy

1300 - 1500

Creative Therapy (individual projects)

1300 - 1500

Social Interaction & Peer Support

1300 - 1500

Physiotherapy:

Group Exercise & Relaxation

1300 - 1400

Individual Session

1400 - 1500

Carers Group (to commence January 2015)



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24-hour advice line

Patients, carers and healthcare professionals can get advice around the clock on
0800 970 7970 (Stockport area) and
0808 144 2860 (Manchester, Salford and Trafford areas)

Textphone users please prefix any of the numbers below with 18001

St Ann's Hospice, Heald Green

(Administration centre)
St Ann's Road North, Heald Green,
Cheadle, Cheshire, SK8 3SZ
Telephone: 0161 437 8136

St Ann's Hospice, Little Hulton

Peel Lane, Little Hulton, Worsley,
Manchester M28 0FE
Telephone: 0161 702 8181

Neil Cliffe Centre

Wythenshawe Hospital,
Southmoor Road, Wythenshawe,
Manchester M23 9LT
Telephone: 0161 291 2912

Please note, St Ann's operates a no smoking policy across all our sites.

Key telephone numbers

Day Therapy, Heald Green -
0161 498 3612

Day Therapy, Little Hulton -
0161 702 5416

Charity shops FREEPHONE
0800 612 4679

Fundraising/Donations - 0161 498 3631

Lottery - 0161 498 3642

Volunteering - 0161 498 3653

Get more information

We have a wide range of information leaflets, available both in print and to download from our website. To get your copies, either go to our website or call one of the main hospice telephone numbers.

Comments and feedback

We welcome your feedback: go on line at www.sah.org.uk/feedback or talk to a member of staff or fill in a comments card (found near the red posting boxes around our sites). Formal complaints can be made in writing to our Chief Executive at our Heald Green address.

Find out more about us

You can find out more about St Ann's Hospice on our website, or by e-mailing us:
website: www.sah.org.uk **e-mail:** enquiries@sah.org.uk