

Trigger Finger

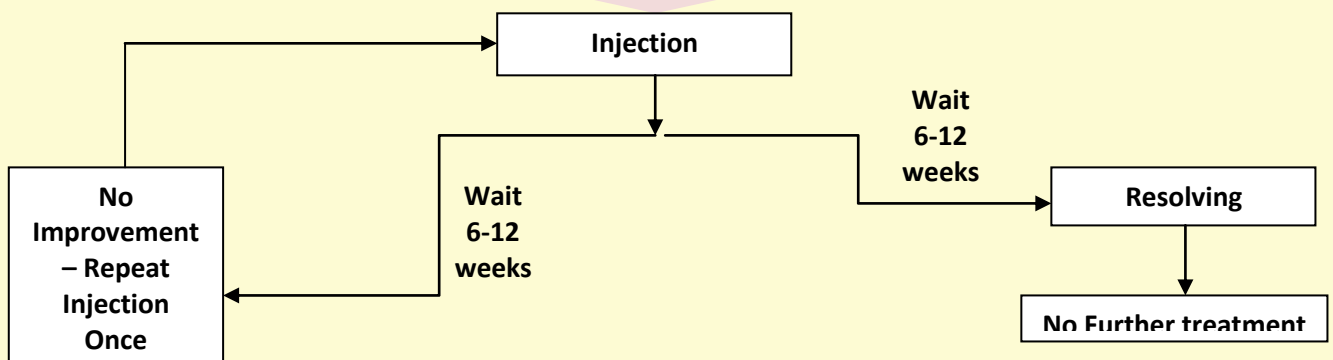
INFORMATION

Catching of flexor tendons at the A1 pulley in the palm when finger moves from flexion – extension.
Palpable click can often be felt at this level with finger movements.

Check for Diabetes. Rheumatoid Arthritis

EVIDENCE

Injections are >50% successful if patient is not diabetic



Refer to Secondary Care - MUST BE WITHIN EUR GUIDANCE [i]

Options

- Trigger Finger Release
- If Rheumatoid : Flexor Tenosynovectomy

Referral should only be made IF

- Patient understands that referral is likely to be for surgery
- Patient is fit to undergo surgery
- Patient understands that their operation will be carried out within 18 weeks and is able to commit to that timescale