

## **Dupuytrens Disease**

## **INFORMATION**

A disease of palmar fascia leading to painless, thickened palmar and finger cords and joint contractures. Often has family history. Male: Female 3:1. Treatment straightens fingers but is not curative (recurrence high)

MCPJ or PIPJ Contracture With Functional Deficit

\*see EUR Guidelines

Palmer Nodules Only
or
Disease without contracture / No
functional deficit

No Treatment
NB: There is no role for therapy in
Dupuytrens disease

Refer to Secondary Care for Surgical Opinion - MUST BE WITHIN EUR GUIDANCE [i]

## **Options**

- Fasciotomy
- Fasciectomy
- Collagenase NB Currently not available at Stepping Hill Hospital

## Referral should only be made IF

- Patient understands that referral is likely to be for surgery
- Patient is fit to undergo surgery
- Patient understands that their operation will be carried out within 18 weeks and is able to commit to that timescale