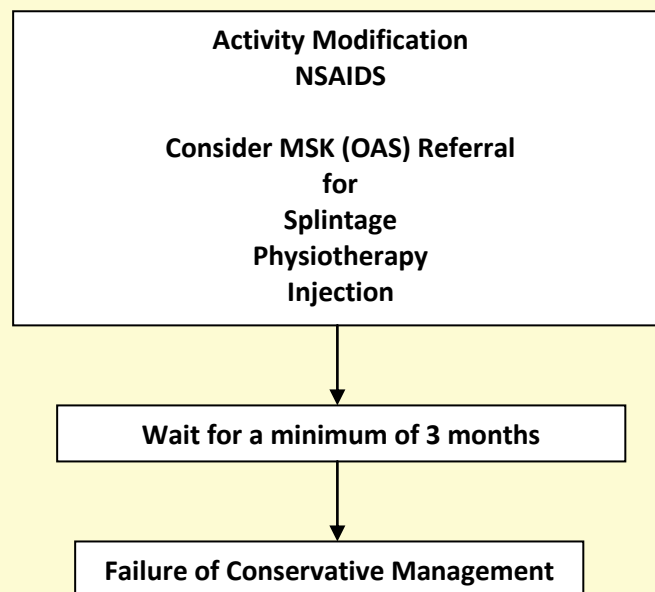


De Quervains Tendinopathy

INFORMATION

Often a stenosing tendinopathy in the 1st extensor compartment: Swelling and radial wrist pain.
Common in post partum women



Refer to Secondary Care for Surgical Opinion (rarely required)

Options

- De Quervains Release under LA

Referral should only be made IF

- Patient understands that referral is likely to be for surgery
- Patient is fit to undergo surgery
- Patient understands that their operation will be carried out within 18 weeks and is able to commit to that timescale