

Stockport integrated Sexual Health Service

Complex Contraception

Referral:

To refer to this service please refer to the referral form by clicking [here](#) and send a copy of the form from a secure (nhs.net) e-mail address to lcp.ha.choices@locala-cic.nhs.uk

Please refer to complex contraception guidance by clicking [here](#).

Age range:

Over 13 years

	Referral Criteria	Comment
Intrauterine contraception	Difficult IUC insertions e.g., failed insertion, requiring injectable local anaesthetic, history of repeated expulsions, complex medical history	Remember to offer bridging contraception if needed and to exclude pregnancy risk before appointment. Advise to abstain or use condoms for 7 days before a coil removal or removal and refit. For complex medical history please include details.
	Difficult IUC removals e.g., missing threads with provision of on-site ultrasound	See guidance on complex contraception, no threads
Deep Implant removals	Removal of deep or impalpable implants under ultrasound guidance	See guidance on complex contraception, impalpable implant
Complex medical history	Medical complex contraception i.e., co-morbidities, complex needs.	Please complete as much detail as possible on the referral form