



TARGET

Treat Antibiotics Responsibly: Guidance, Education and Tools

Welcome!

Welcome to the Autumn edition of the TARGET newsletter! See below for the latest news and updates to the toolkit, as well as future events that are being hosted by the team.

The [TARGET antibiotics toolkit](#) is a suite of antimicrobial stewardship (AMS) resources to support primary care clinicians to champion and implement AMS activities. The toolkit, designed and developed by UK Health Security Agency (UKHSA), is hosted on the Royal College of General Practitioners (RCGP) website.

Upcoming Events

UTI Campaign

12th-21st October 2023

This UKHSA and NHSE led campaign targets older adults at risk of urinary tract infection (UTI). Campaign resources and tools that can help your team raise awareness of ways to prevent, recognise, manage and seek help for UTI are available in the [TARGET toolkit UTI resource suite](#).

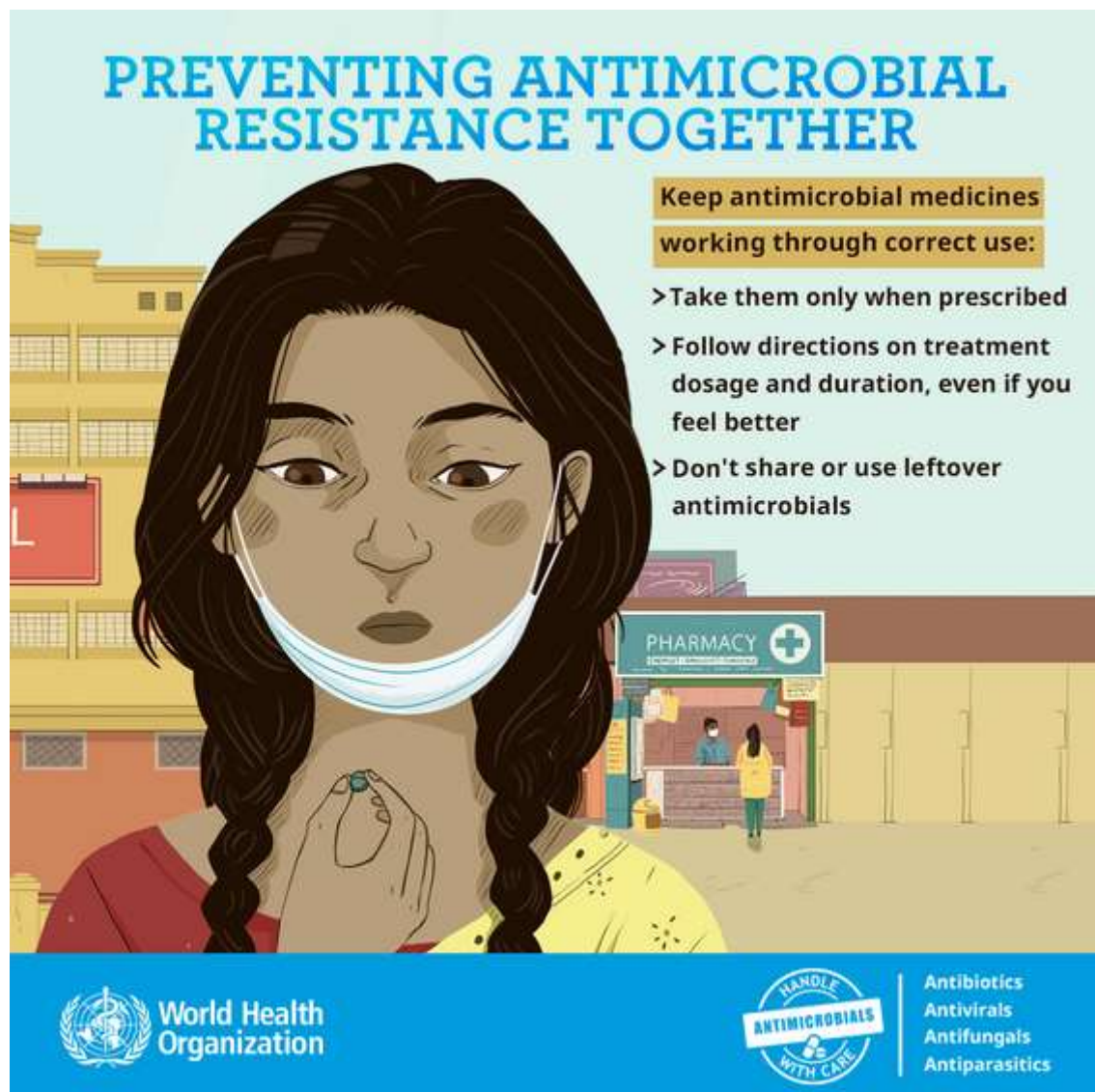
World AMR Awareness Week

18th-24th November 2023

World AMR Awareness Week (WAAW) is a global campaign that is celebrated annually to improve awareness and understanding of antimicrobial resistance (AMR).

Over WAAW, TARGET antibiotics and the Royal College of General Practitioners (RCGP) are promoting their **free webinar series**! Check out our new [events page](#) to find out more on the following webinars:

- Acne and COPD exacerbation: Reviewing patients on long term and repeat antibiotics - **Wednesday 22nd November 2024** - [sign up here](#)
- Improving antibiotic management of respiratory tract infections: cough and sore throat - **Tuesday 23rd January 2024** - [sign up here](#)
- Urinary tract infections: Applying diagnostic and prescribing guidance in practice - **Thursday 21st March 2024** - [sign up here](#)



The TARGET antibiotics toolkit provides information and resources on the best practice approach to managing common infections, while optimising antibiotic use in primary care.

You can get involved with WAAW by using the [TARGET toolkit](#), by sharing resources with your colleagues at a practice meeting or on social media, and by signing up to the free [TARGET antibiotics webinars](#).

Updates to the TARGET Toolkit

Catch up on the TARGET webinar series

Did you miss out on our previous TARGET webinars? Find out more and access the recordings on our [Learning resources for prescribers](#) page.

Skin infections: Incorporating NICE antimicrobial prescribing guidelines

This webinar covered the treatment and management of impetigo, leg ulcers and cellulitis for primary care prescribers, comprising of clinical scenarios, primary care antibiotic prescribing data and resistance trends.

Audits as an antimicrobial stewardship tool

This webinar highlighted practical tips on how audits and other tools can be used by primary care teams as part of a wider action plan to support positive change and reduce inappropriate prescribing.

[Take me to the TARGET webinars](#)

Updated TARGET Tools to Train Prescribers Page

UKHSA and NHS England are working together to cascade TARGET training in England via a train the trainer approach, which is now reflected on the [TARGET toolkit](#).

Visit the page to register your interest in having a TARGET training workshop in your area/practice and we'll share your details with your regional AMS Lead. TARGET training is designed to be delivered by accredited TARGET trainers but

you can view the core workshop slides, clinical scenarios and associated videos [here](#).

[Take me to the TARGET tools to train prescribers page](#)

TARGET Resource Development

How to..? Resources (repeat and long term antibiotics)

The '[How to...?](#)' series aims to support primary care teams to review the appropriateness of antimicrobials in the evidence-based treatment and prevention of Acne Vulgaris and Chronic obstructive pulmonary disease (COPD).

TARGET and NHSE have created an acne 'How to...' worked examples slide deck to be used with the TARGET acne 'How to...' toolkit. The slide deck can be used for personal learning or to deliver to a team and include three different scenarios of acne presentation and important considerations for review.

[Scenario](#) [Patient review](#) [Treatment](#) [Advice](#)

 **Scenario 2**
Review outcome: specialist referral

Consider the following details:

- 21-year-old female – non pregnant
- Current Indication – Acne Vulgaris
- Completed 3 months course lymecycline and has been prescribed topical treatments

On examination

- Moderate acne
- Post inflammatory hyperpigmentation



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Use the how to resources to manage and review adults on long-term and repeated antibiotics for the treatment and prevention of Acne Vulgaris and COPD exacerbations. The acne resource can also be used for children over the age of 12.

[Take me to the TARGET How to..? Resources](#)

Conferences

Come and say hi to our team at our exhibition stands this autumn! We will be attending the following conferences:



Infection Prevention Society Conference

17th - 19th October

Liverpool

[Find out more](#)



The RCGP Annual Conference

19th - 20th October

Glasgow

[Find out more](#)

We look forward to hearing what resources and support you would like from TARGET in the future. Our team will also be presenting research posters.

New Publications Relevant to TARGET

Impact of sociodemographic status and UTI symptoms on women's health-seeking and management in England: findings from an e-survey conducted during the first year of the COVID-19 pandemic (<https://doi.org/10.3399/BJGPO.2023.0039>)

Impact of Menopausal Status and Recurrent UTIs on Symptoms, Severity, and Daily Life: Findings from an Online Survey of Women Reporting a Recent UTI (<https://doi.org/10.3390/antibiotics12071150>)

Changes in public health-seeking behaviours for self-limiting respiratory tract infections across England during the COVID-19 pandemic (<https://doi.org/10.1093/eurpub/ckad136>)



It's Digitober and we're focused on helping digitally excluded residents gain digital skills and confidence. For a complete list of DigiKnow support sessions, see our [Events calendar](#), drop in at your local library, or call the DigiKnow Helpline on 07724 217888. For more information, see our [DigiKnow web pages](#).

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