**Changes to the Public Health GP Stop Smoking Offer in Stockport**

The current GP Public Health Enhanced Service (PHES) arrangements are ceasing on 30th June 2023.

GP practices will no longer be asked to sign up to and deliver the Public Health stop smoking behaviour change programme, and Public Health funding for this will stop, however, smoking cessation remains a key priority and is part of the Locally Commissioned Service framework.

From 1st July 2023, GP practices should continue to identify patients who smoke, provide very brief advice and encourage them to make a quit attempt. However, where any patient wants to quit smoking, the practice should make a referral to the local community stop smoking service.

For any patient who is a resident in Stockport, please make a referral to ABL Health. You can do this via the usual START route:

Email: [START@stockport.gov.uk](mailto:START@stockport.gov.uk)  
Ring: 0161 474 3141  
Visit: [www.healthystockport.co.uk](http://www.healthystockport.co.uk) and fill out the contact form

Or contact the ABL Health stop smoking service directly on:

Email: [wellness.ablhealth@nhs.net](mailto:wellness.ablhealth@nhs.net)

Ring: 0161 870 6492

For patients living outside of Stockport, alternative community services are in place which you can refer to. A list of provision in neighbouring areas is provided later in this briefing, along with details of the national NHS Smokefree service.

In terms of Nicotine Replacement Therapy (NRT) prescribing, GPs no longer need to prescribe NRT for patients accessing the ABL Health stop smoking service. ABL Health will now directly supply NRT to their clients.

In terms of other stop smoking medications where available and appropriate, GP practices are asked to continue to prescribe these in liaison with ABL Health as part of the stop smoking programme. It is noted that at the current time both Varenicline and Bupropion are unavailable due to safety concerns.

ABL Health will continue to notify GP practices of stop smoking activity with their patients.

Whilst the PHES arrangement is formally stopping on 30th June 2023, the new arrangements can be implemented earlier if you prefer. ABL Health is available to accept referrals for any patients who are resident in Stockport with immediate effect.

If you have any queries, please contact [alison.leigh@stockport.gov.uk](mailto:alison.leigh@stockport.gov.uk)

Community Smoking Cessation Provision

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| --- | --- |
| Area | Smoking Provider Details |
| Stockport | ABL Health  Via START  Email: [START@stockport.gov.uk](mailto:START@stockport.gov.uk)  Ring: 0161 474 3141  Visit: [www.healthystockport.co.uk](http://www.healthystockport.co.uk) and fill out the contact form  Or contact ABL Health directly  Email: [wellness.ablhealth@nhs.net](mailto:wellness.ablhealth@nhs.net)  Ring: 0161 870 6492 |
| Tameside | Be Well Tameside  Email: [bewelltameside@tameside.gov.uk](mailto:bewelltameside@tameside.gov.uk)  Phone: 0161 342 5050 |
| Manchester | Be Smoke Free Manchester  Email: [manchesterbesmokefree@cgl.org.uk](mailto:manchesterbesmokefree@cgl.org.uk)  Phone: 0161 823 4157  Visit: <https://www.changegrowlive.org/be-smoke-free/contact#refer> and fill out the contact form |
| Cheshire East  (Crewe, Macclesfield, Congleton, Sandbach, Wilmslow, Handforth, Knutsford, Poynton, Bollington, Alsager and Nantwich) | One You Cheshire East  Phone: 0808 1643 202 |
| Cheshire West and Chester | Cheshire Change Hub  Phone: 0300 777 0033  Visit: <https://cheshirechangehub.org/contact/self-referral/?quit-smoking> self-referral form only |
| Derbyshire | Live Life Better Derbyshire  Email: [llbd.info@derbyshire.gov.uk](mailto:llbd.info@derbyshire.gov.uk)  Phone: 0800 085 2299 |
| National NHS Smokefree Service | NHS Smokefree Service  Phone: 0300 123 1044 – national helpline  Free App Available on Apple and Android – NHS Quit Smoking App |