

What next on your patient pathway?

Join a Chat Together

Chat Together is a welcoming online support group for people living with and beyond bowel cancer. It's a chance to share experiences in a friendly environment, weekly over Zoom, for six weeks.

Every session is run by a trained facilitator who supports and guides the discussions.

As part of the patient pathway, your trust are inviting you to register for one of our events.

For more information and to find out how to take part, visit:
bowelcanceruk.org.uk/chat-together

How this can help you?

From those that have attended a Chat Together:

- 90% feel more connected to others in a similar situation
- 90% say they feel more supported in their bowel cancer experience by others
- 100% would recommend to someone affected by bowel cancer



What people say about Chat Together:



Facilitator was excellent - helping us talk and open up.

Our facilitator, was brilliant. She was exactly what I had hoped for; generous with sharing her experiences, friendly, funny and just all round lovely.

I felt very welcomed and I think we all felt comfortable very quickly to be open and to be able to discuss sensitive things. Many of us were comfortable to be emotional and the group was very understanding, supportive and empathetic.

We had a very good facilitator, who lead the group and opened up discussions in a very relaxed and calm way.

