



Dementia United



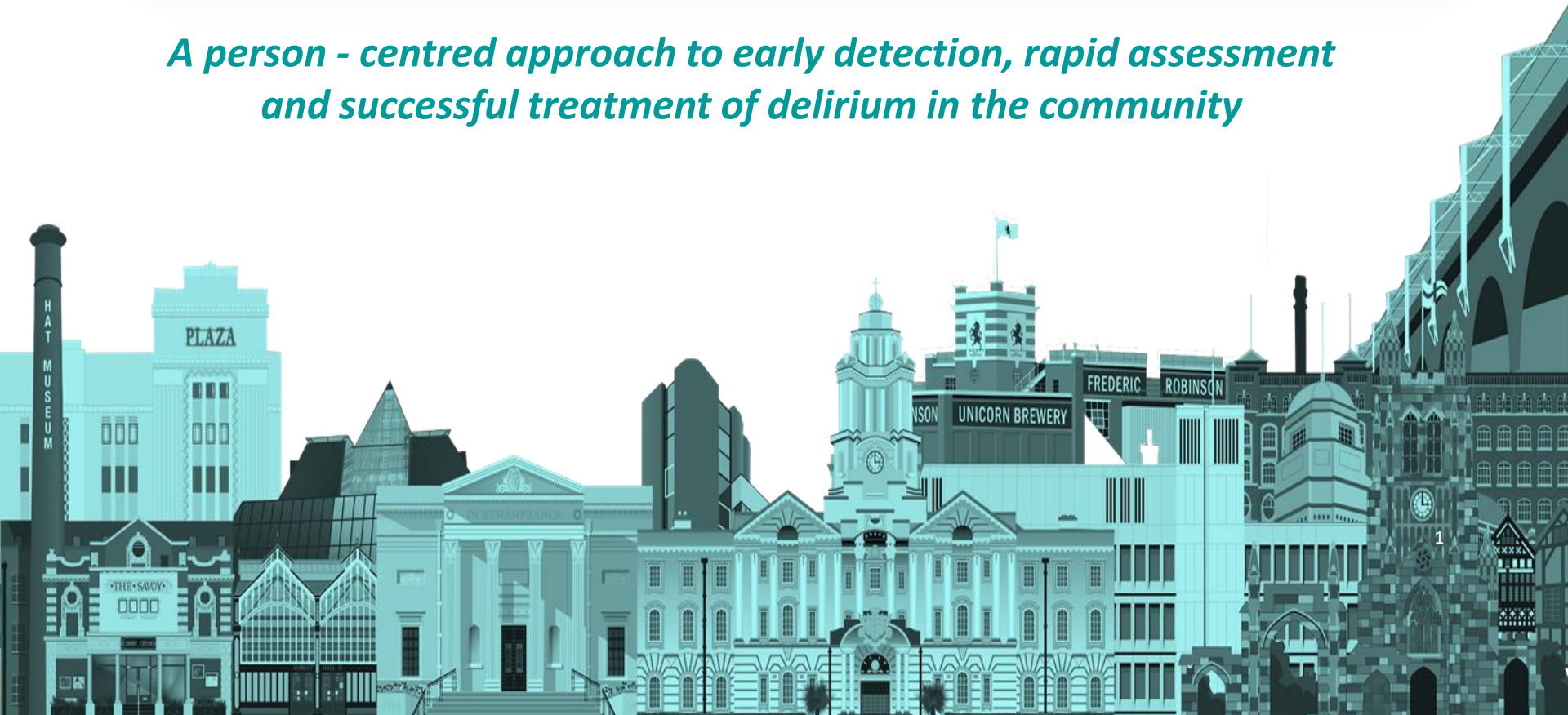
NHS

Stockport

NHS Foundation Trust

# Stockport Community Delirium Pathway

*A person - centred approach to early detection, rapid assessment and successful treatment of delirium in the community*



# WHAT HAVE WE DONE

## Aim

***proactively identify  
delirium  
(deteriorating patient)  
+  
provide a rapid clinical  
assessment  
+  
devise a treatment  
plan with  
patient/carers  
=  
remain safe at home***



1. **Primary Assessment** - Patients, suspected of delirium, receive an assessment in their own home:
  - NEWS 2
  - Urgent bloods
  - Delirium screening tool 4AT used
2. **Rapid Clinical Assessment** – carried out by CRT **98.9 % of assessments within 2 hours!**
  - Establish cause of delirium (PINCHME)
  - Review of bloods
  - Functional risk assessment
3. **Co-produced Community Management Plan** - The CRT assessor will treat the cause of the delirium and devise a management and escalation plan with patients and carers
  - Treatment
  - Clinical Observations and ongoing review
  - MDT approach
  - Mental Health Liaison
  - Onward referrals
4. **Outcomes**
  - Patient remains at home
  - Patient placed in step up bed (ringfenced)
  - Ambulance if required

# What's changed

What  
happened  
before

Ambulance  
called for  
100%  
Patients

100% of  
patient  
attended  
ED

In 21/ 22  
98.1% patients  
with delirium  
admitted

Pre Delirium  
Pathway

Primary  
Assessment  
(minus delirium  
screen)

Ambulance

ED

Admitted

Primary Care  
Ambulance  
Community Nurse  
Mental Health

NWAS

Doctor  
Nurse  
ANP/ACP  
Therapist



Crisis Response Team (MDT)  
ANP  
Nurse  
Therapist  
Social Worker  
Support Worker

Co-Produced  
Crisis Response Team (MDT)  
Patient & Carer

With  
Delirium  
Pathway

Primary  
Assessment

Rapid Clinical  
Assessment

Community  
Management  
Plan

Within 72 hours  
Outcomes

What  
happens  
now

Within 2  
hours

Immediate  
treatment  
& support

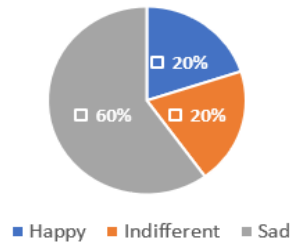
88% patients  
remain safely  
their own  
home!!

# Feedback from Patient and Carers

*The experience of patients and their loved ones is at the heart of what we do*

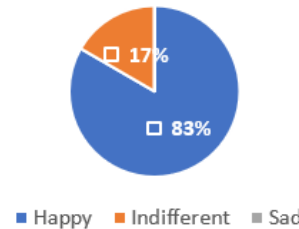
**60% of patients were sad before the CRT came to assess them**

Can you tell me how you were feeling before a member of the Crisis Response Team came to assess you/your loved one?



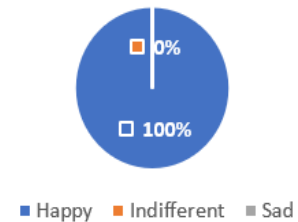
**83% of patients were happy when with a plan to keep them at home**

Can you tell me how you when we discussed with you the plan to safely care for you/your loved one at home?



**100% of patients were happy with Communication**

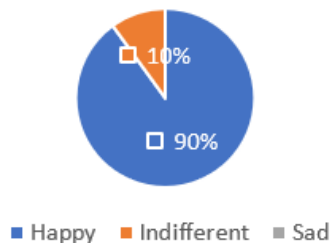
Can you tell me how you felt about communication while the team were involved?



*Patient Experience Questionnaires were co-designed with Patients and Carers*

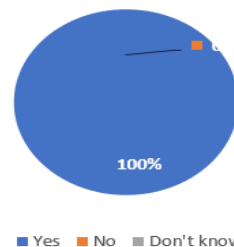
**90% of patients were happy their dignity and respect was well managed by the team**

Can you tell me how you felt about your dignity and respect while the team were involved?



**100% of patients said the support avoided hospital**

Do you feel that this care and support has prevented you/your loved one from going into hospital?



**All patients felt positive emotions about avoiding a hospital admission**

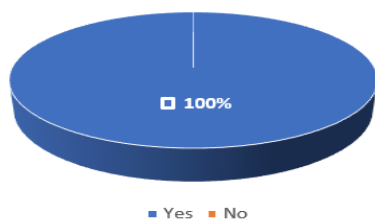
Using the list below what emotions describe your experience when you were being discharged



# Feedback from Staff Using Pathway

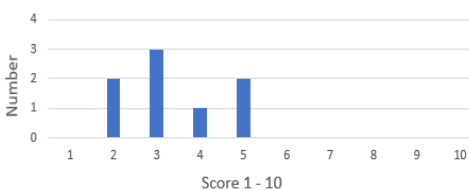
**100% of staff said that the pathway is clear to use**

The community Delirium Pathway is clear to follow



**100% of staff using said using the pathway increased their confidence in managing patients with delirium in their own homes significantly**

On a scale of 1 - 10 (1 no confidence 10 fully confident) how confident did you feel supporting patients affected by delirium at home before the implementation of the Community Delirium Pathway



Confidence before pathway

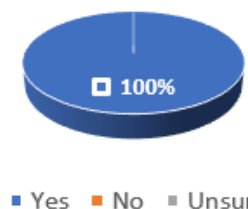
On a scale of 0 - 10 (1 no confidence 10 fully confident) how confident do you feel supporting patients affected by delirium at home now the Community Delirium Pathway has been implemented?



Confidence with pathway

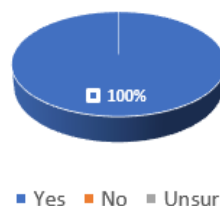
**100% of referrers said that the pathway prevented a hospital admission**

This pathway prevented a hospital admission



**100% of staff said that the pathway supports keeping patients safely at home**

The pathway supports keeping patients affected by delirium safe at home



**100% of staff said preventing hospital admission is the best outcome for patients with delirium and their carers**

Preventing an avoidable hospital attendance is the best outcome for both the patients and their carer





# SPREAD

August 20 -  
March 21

March 21 -  
Dec 22

From  
March 21

From  
June 22

PCN  
Level

*Pilot with  
Stockport  
Neighbourhood  
Team*

Stockport  
Level

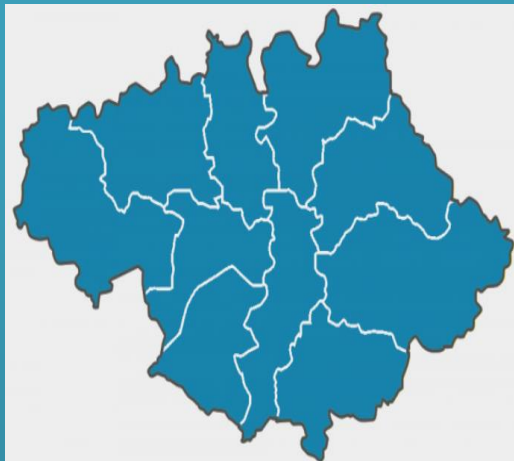
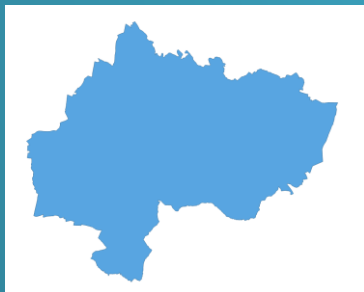
Full roll out  
across the  
Stockport  
Borough

Informing  
GM Practice

Shared Pathway and  
learning with colleagues in  
GM & Dementia United  
GM Roll Out

Influencing  
National Guidance  
and Practice

Honorary Role with NICE,  
reviewing delirium  
standards & Informing  
guidelines



**Easy to spread – cost neutral implementation**

# What Patients and Staff Said

**Patient**

There was a plan in place to and I'm very happy!

**D2A Nurse**

The pathway is good for patients and carers as there is less risk of further infections and patients are more settled because they are in their own home

**DN Team Lead**  
This is emotionally better as patients recover better at home in their own surroundings

**D2A Nurse**

Patients with delirium should remain in their own homes as this was a familiar place

**Patient**

I feel valued  
Thanks Guys!

**Patient**

I was relieved I didn't need to go to hospital

**Patient**

I was relieved to stay at home

**Patient**

everyone was very lovely and caring, thank you

**Patient**

I was happy and supported.  
Thank you for everything

**Apprentice DN**

The pathway has a positive impact as it is a clear pathway for clinicians to follow which increases the standard of patients care & safety at home

**District Nurse**

Patients are safer in their own home, and usually recover sooner