

GP Referrals Guide

Pointing you and your patients in the right direction



Stockport Clinical Commissioning Group will allow people to access health services that empower them to live healthier, longer and more independent lives.

Introduction

This referral guide is designed to help you find the most appropriate services for your patients and how to refer to them. It has been divided into different specialities/ common conditions and where appropriate gives a brief description of them.

If there are services which are not in this guide that you feel it would be beneficial to include please contact us with the details on: stockportccgcommunications@nhs.net

Effective Use of Resources (EUR)

This policy covers treatments/medication which are not normally available on the NHS. This includes things such as plastic surgery e.g. breast reduction.

More detailed information is included in the treatment list. This is available in the GP practice area of the CCG website.

There are the contact details for the EUR team and a patient leaflet is available for you to print off.

Use of the e Referral Service

For all services which appear on the e referral Service (eRS) this must be used as the referral method. Any referral received via other means will be returned to the practice to be processed via the e RS. The only exceptions will be if a patient is a does not appear on the National spine. If this is the case the referral letter must clearly state this at the top. The referral must then be emailed to:

snt-tr.shhreferrals@nhs.net

Temporary residents can be referred using the web based e Referral Service. Instructions below.



Referring a
Temporary Resident¹

Advice and Guidance

Many specialties offer Advice and Guidance via eRS (see link to 'how to' guide below). This allows the referrer to ask specific questions to a Consultant and may stop a patient needing to be seen in a 1st outpatient appointment. If a referral is required after Advice and Guidance then there is no expectation that the patient will be seen at that provider. Patient choice should still be offered as appropriate..

<http://www.stockportccg.nhs.uk/practicehub/guidelines/advice-guidance-e-referral-service/>

Patient choice

Patients should always be offered a choice of providers except for 2 week wait cancer referrals or if there is a specific pathway in place e.g. Infertility.

Please advise your patients that during the present Covid Pandemic their initial appointment may be via telephone or video. Alternatively they may be sent for investigations first. Please emphasise to them the importance of attending any face to face appointments and assure them that social distancing will be maintained during their visit.

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2WW

2WW (2 week waits) referrals are for patients where there is a suspicion that they may have cancer. There is **no** patient choice, and the patient needs to be referred to their local hospital. Each speciality has a different proforma which need to be completed and are available on your clinical systems.

Ensure that you have included in the proforma all the contact numbers (include mobile number if possible) for the patient. Please advise your patient that the hospital will normally contact them within 48 hours to offer them an appointment. This may be a telephone appointment or for a diagnostic test. Tell the patient to ring the practice and speak to the **secretaries** if they haven't heard from the hospital within 48 hours. If a patient hasn't heard anything you need to contact the Call Centre at the appropriate provider to find out why your patient hasn't heard anything and provide feedback to them. Your patient should not be given the e Referral Service paperwork.

2WW for all specialties with the **exception** of non site specific symptoms and dermatology should be booked into the specific speciality 2WW telephone assessment service:

Speciality	Service name	Service provider location
2WW	2WW Telephone Assessment Service	Stepping Hill Hospital

Referrals for non site specific symptoms should be referred into the Rapid Diagnostic Centre. Your patient will be seen within a maximum of 14 days of referral, have a number of tests **and** a clinical assessment and most people will receive the results on the same day. It is important that you inform your patient that the purpose of their referral is to diagnose quickly or rule out cancer and to prepare them for what might happen on the day. Further instructions regarding specific investigations will be provided by hospital staff at the time the appointment is confirmed.

Speciality	Service name	Service provider location
2WW	TWW – Rapid Diagnostic Centre - Non-specific symptoms	Stepping Hill Hospital

2WW referrals for dermatology should be booked into:

Speciality	Service name	Service provider location
2WW	Dermatology clinic-TWW-Altrincham Health and Wellbeing Centre-Salford Royal NHS Foundation Trust-RM3	Altrincham Health and Wellbeing Centre

2WW dermatology referrals are directly bookable. Therefore, you should send the paperwork to your patient and ensure that they understand they must attend this appointment.

2WW neurology/neurosurgery should only be referred via Salford Royal 2WW telephone assessment.

Speciality	Service name	Service provider location
2WW	2WW-All tumour sites(ex breast)-Salford Royal NHS Foundation Trust-RM3	Telephone assessment

2WW referrals for sarcoma-musculo skeletal tumours should be referred via e Referral Service to MRI. These will then be triaged and given an appropriate appointment.

Speciality	Service name	Service provider location
2WW	2WW sarcoma Manchester Royal Infirmary	Telephone assessment

There is **no** breast service available at Stepping Hill Hospital. Patients should be offered a choice of Wythenshawe, Macclesfield or Tameside hospitals.

For children aged 17 or less their case should be initially discussed by the GP by phone with the Paediatric Consultant on call at Stockport FT. Patients should **not** be referred to RMCH without this discussion taking place first.

There is no facility for 2WW (cancer) referrals for occuplastics (eyes). Patients should be referred urgently and it should clearly state at the start of the letter it is for a suspected cancer.

If there are 'no appointment' slots showing you should 'defer to provider' submit and complete. This enables providers to see your patient on their list for booking.

Cardiology

This speciality covers the circulatory system including the heart and blood vessels. Conditions such as hypertension (high blood pressure) are also included.

Children's cardiology is available at Stepping Hill Hospital via the e Referral Service.

Community Heart Failure Clinic

This service is for heart failure patients with known LVSD or newly suspected cases (with BNP>400 or post MI). The aim of the service is to assess, investigate aetiology (where appropriate), titrate medication, implementing triple therapy where possible. The service provides education/support to patients, their relatives and carers. This includes a dedicated patient phone number for advice/support.

Routine (seen within 6 weeks)

For patients with known LVSD i.e. echocardiogram shows mild LVSD or greater. The echo report must be attached to the referral. If the patient needs to be seen urgently please state this in the referral letter.

Urgent (seen within 2 weeks)

For newly suspected cases of heart failure with an BNP >400 or a previous MI. These patients do not require an echocardiogram as this will be requested by the clinic as per NICE guidelines.

Referral takes place via EMIS managed referrals.

More information about the Community heart Service is available on the CCG website.

<http://www.stockportccg.nhs.uk/practicehub/ccg-documents/pathways/>

The heart failure team is available for practices talk to on 204 4670.

If a patient's echocardiogram is normal then they should be referred to secondary care.

24 hour Blood Pressure Service - GP Practice Based

There are various practices across Stockport who provide this service. Each practice has its own referral process. There are GP and patient information leaflets available on the CCG website in the GP/members area. Please refer to these for further details.

Echocardiogram

Speciality	Clinic type
Diagnostic physiological medicine	Cardiac physiology-echocardiogram

Children's Community Services

All the services below are via a paper referral faxed to the appropriate service.

Clinic Name	Phone number
Occupational therapy	204 4154
Physiotherapy	204 4154
Continence service	835 6750
Speech and Language therapy (SALT)	0161 204 4153
Child and adolescent mental health services(CAMHS)	716 5868.
Community Nursing Team	07810 155181-GP would need to ring and refer by phone

Community Based Services including neuro-rehab service

Referrals for all these services are paper based clinics are held across various locations across Stockport. Children's services are listed separately. Community mental health/addiction services are also listed separately.

Services	Phone number	Fax	email
Active Recovery	0161 835 6697		active.recovery@stockport.go.uk
Continence	Via e Referral Service- <u>speciality</u> : urology, <u>clinic type</u> : (in)continence		
Crisis Response	0161 476 9665		intermediate.care@stockport.gov.uk
Neuro-rehab service including STAR team and neuro-physio	0161 204 4618	Not accepted	snt-tr.cnrs@nhs.net
Steady in Stockport	0161 835 6701		steadyinstockport@stockport.nhs.uk

Chronic Fatigue Syndrome/ME clinic

The service is for patients with a confirmed diagnosis of chronic fatigue syndrome/ME. The team consists of Specialist Nurses, Occupational Therapist, Physiotherapists and a Cognitive Behavioural Therapist.

The Service delivers an energy management programme through a number of sessions; these can be delivered as 1:1 clinic appointments or attending a group management programme. Home visits are available for severely affected patients. Patients may also be offered specialist support by Physios, OT and CBT therapist.

For more information or to discuss a referral please contact the service on 0161 835 6684.

Community Urgent Eyecare Service (replaces previous MECS)

The purpose of this service is to allow the assessment and management of urgent recent onset eyecare conditions within the primary care setting.

Typical symptoms accepted by the service are as follows:

- Red eye with pain/ photophobia
- Painful eye
- Recent (< 3 months) visual floaters and/or flashes
- Diplopia, distorted vision
- Sudden loss / partial loss of vision
- Mild trauma and foreign bodies (superficial , blunt, non-penetrating injuries)

Typical symptoms **not accepted** by the service are as follows:

- Headache with no ocular symptoms.
- Symptoms related to a known eye condition under hospital eye service follow up
- Floaters over 3 month's duration with no other change in vision may be advised to have a sight test.
- Sudden loss of vision where a patient is generally unwell
- Penetrative eye injuries
- Post-operative complications from a recent surgery

Please see the attached risk stratification pathway for further detail:



CUES Risk
Stratification Docume

Patients **cannot** be treated by the CUES service if their signs or symptoms indicate they are more suitable for the following national / local enhanced services:

- Direct referral for cataract and post-operative cataract care
- Glaucoma Repeat Readings / Visual Fields
- Diabetic retinopathy screening
- Private or NHS sight test

Please see the attachments below for a more detailed description of the CUES pathway / risk stratification / conditions accepted / not accepted.

Referrals

- **Patients should be directed to their own optometry practice where that practice provides the CUES. If not, patients should be given the Stockport list to choose a**

practice to contact. Patients are required to contact the optometry practice via telephone and should not turn up without an appointment.

- Pharmacy, optometry and GP staff can signpost patients who contact them with recent eye or vision problems directly to the service. GPs may also signpost / refer patients into the service and patients can self-refer. Where patients have minor anterior eye symptoms they will be triaged by a participating optometry practice and may be directed to pharmacy or self-care with the option to contact CUES if the symptoms fail to clear. The CUES service is for patients who are likely to require more investigation, differential diagnosis and diagnostic tests than a pharmacy would provide. Patients who present with a headache alone and no ocular symptoms would not be suitable for this service.
- The service will provide initial contact, telephone triage, remote consultations and where necessary face to face assessments providing management of recent onset symptomatic or urgent ocular presentations. This service should not be used for repeat prescriptions. A small number of qualified independent prescribing optometrists will be able to treat some conditions in primary care which would previously have required secondary care referral.
- Patients can contact any CUES practice on the list and will be triaged to an appointment with appropriate urgency and diagnostic tests their symptoms require. The patient's GP will receive a report on the outcome. If the patient is not suitable for CUES they will be directed to the correct service for their needs which will include a sight test or Eye Casualty. A list of accredited optical practices currently providing the service in Stockport is attached below. For the most up-to-date list of accredited optical practices currently providing the service please visit www.primaryeyecare.co.uk using the 'Find a practice' tool.



CUES Practices -
Stockport.pdf



CUES Pathway.pdf

Dental services

The dental helpline number for patients is 0161 476 9649. The helpline is for patients who don't have a registered dentist who require urgent 'in hours' treatment. In addition, they also manage the allocation of patients requiring routine treatment who don't have a registered dentist.

Dermatology

This speciality covers skin disorders. This includes conditions such as eczema and acne.

Adult dermatology

Patients aged 16 and above should be booked into the dermatology clinic at Altrincham Health and Wellbeing Centre. This is run by Salford Royal FT.

Tele-dermatology continues to be available to GPs via the MDSAS platform.

Children's Dermatology

Children aged less than 16 should be referred direct to secondary care. They should be booked via the e Referral Service into the hospital of the parents/carers choice.

Speciality	Clinic type
Child and adolescent services	Dermatology

In addition tele-dermatology is available to practices which may negate the need for a secondary care referral.

Diabetes

The speciality on the e Referral Service is diabetic medicine.

Speciality	Clinic type
Endocrinology	Not otherwise specified

There is a separate service available for the over 75s

Speciality	Clinic type
Diabetes	General diabetic management

There is also a community based diabetes team based at Kingsgate house. Their phone number is: 204 4661/4662

There is a separate clinic for under 16s.

Speciality	Clinic type
Child and adolescent services	Diabetes

Diagnostics

Referrals for the tests below are via a request card unless otherwise indicated.

Diagnostic test	Stepping Hill	Wythenshawe	Other providers
Barium enema	Prior approval has to be obtained for this via the EUR team		
Dexascan	eRS speciality=diagnostic imaging Clinic type=bone density scan NB: Please use V7 of the Dexascan template only . Do not include a clinical summary.	eRS speciality=diagnostic imaging Clinic type=bone density scan	N/A
Echocardiogram	Stepping Hill via e RS. Speciality=Diagnostic physiological measurement Clinic type=Cardiac Physiology – Echocardiogram.		
Plain x ray	Open access patients need to attend x ray A between 9am-4:30pm Monday to Friday (excluding B/Hs) with their request card. <u>Exception</u> For lumbar spine x rays on patients aged 20-55 these need to be <u>faxed</u> through and the patient will be contacted if the request is justified and an appointment made.	Fax over referrals: 291 2193 For queries ring: 291 2188/291 2899	N/A
NOUS (non-obstetric ultrasound scan)	Fax referrals to x ray B: 419 5779 and an appointment will be arranged with the patient	Fax over referrals: 291 2193	Community providers via e

		For queries ring: 291 2188/291 2899	Referral Service
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If the GP wishes to discuss a referral please ring 0161 419 5971.

Drug and alcohol dependency

Over 18s: these go through START (Stockport Treatment Access to Recovery team). 0161 474 3141, or email START@stockport.gov.uk.

Their website is: www.stockportdrugsandalcohol.org/start

START provide an initial assessment to help guide patients to the right service.

Under 18s: For young people under 18 years, families and pregnant women then you can refer directly to MOSAIC young people's substance misuse service - 0161 480 5939. Their website is: www.stockportdrugsandalcohol.org/treatment-services/mosaic

ENT

This speciality covers any conditions within the ear, nose and throat. Audiology (hearing aids) is also included in this.

When referring for ear problems please ensure that the GP checks with the patient that if they require hearing aids that they are happy to have them fitted by the provider. This should be stated in the referral letter.

When referring patients to be assessed and fitted for hearing aids (audiology) the GP needs to check that the patient's ears are clear of wax and this should be stated in the referral letter. Appointments are booked via the e Referral Service. Patients should be offered a choice of providers. Please check the age criteria but most accept patients 50 and over.

Speciality	Clinic type
Diagnostic physiological measurement	Audiology

Domiciliary Audiology – this is available but must be based on patient need not just preference.

Ear syringing-this is available on floor 2 at Kingsgate house. Appointment should be booked via the EMIS RC treatment room appointment book. Appointment slots will be identified for the specific procedure based upon availability, therefore please do not book a patient in any slot and change the booking reason.

ENT Rapid Access Clinic - see Rapid Access Clinics

Fracture clinic-see orthopaedics

Gastroenterology

This speciality covers anything to do with the stomach and intestines (gut). Patients may need to be seen by the gastroenterologists (Medical Drs) or the GI (gastrointestinal) surgeons.

The speciality on the e Referral Service for both medical and surgical referrals is:

Speciality
GI and liver (medical and surgery)

Non-alcoholic fatty liver disease referrals should be sent via eRS

Speciality	Clinic type
GI and liver(Medicine and surgery)	Hepatology

Patients who need to be referred on the coeliac pathway should be referred via the Stockport NHS Foundation Trust gastroenterology RAS. They will then be triaged into the appropriate clinic.

Gender identity service

All new referrals for the new trans adult health service pilot must be sent only to the Nottingham Clinic rather than direct to Indigo Gender Service or the other gender identity clinics.

The new service will initially focus on supporting people who are on a waiting list for a gender identity clinic appointment, are already registered with a GP in Greater Manchester and are eligible for NHS treatment.

The Nottingham Clinic is working with Indigo Gender Service to hold any new referrals until Indigo Gender Service has cleared the list of 700 patients who meet the criteria for NHS treatment; at this point they will pass the new referrals to Indigo Gender Service.

The address for new referrals is: Nottingham Centre for Transgender Health, 12 Broad Street, Nottingham, NG1 3AL The referral email address is: referralsNCTH@nottshc.nhs.uk.

Gynaecology and Obstetrics

Obstetrics covers all aspects of pregnancy and gynaecology covers all conditions which affect a woman's reproductive system. This includes issues such as conceiving (getting pregnant).

Obstetrics

Each practice has their own arrangements for booking women who are pregnant with the midwife. Most women will book themselves with the midwife who will then let the practice know this.

Gynaecology

Patients should be referred either to the Community Gynaecology Service or direct to secondary care. This needs to be the referrers decision based on the patients symptoms/condition.

Community Gynaecology Service

The clinic is based in the Choices centre based in the centre of Stockport. Appointments should be booked via the e Referral service using the clinic types below.

Service name	Clinic type
Stockport Community Gynaecology Service	Family Planning
Stockport Community Gynaecology Service	Menstrual Disorders

Patients aged 16-18 should be referred direct into the hospital of their choice.

Post-Menopausal Bleeds should be treated as a 2 week wait and be referred accordingly

IVF/infertility

Please check the EUR guidelines on the CCG website to check eligibility criteria prior to referring patients. Patients should initially be seen and assessed at Stepping Hill hospital. Referrals are via the e Referral Service. If suitable for IVF they will then be offered a choice of providers.

Speciality	Clinic type	Clinic name
Gynaecology	Infertility	Gynaecology Infertility Service-Stockport NHS Foundation trust

Termination of pregnancy

Patients requesting a termination of pregnancy can self-refer and should be given the details of the two local providers: Marie Stopes and NUPAS. They can also access webchat via the providers websites:

Marie Stopes International <https://www.mariestopes.org.uk/find-us/clinics/marie-stopes-uk-manchester/> 0345 300 8090

National Unplanned Pregnancy Service (NUPAS) <https://www.nupas.co.uk/> 0333 004 6666

CASH Services (contraceptive and sexual health services)

Patients can self-refer to this service. It is based at the Choices Centre in the middle of Stockport.

The phone number for patients is: 426 9677

Central Youth-opening times

Confidential service for people aged 11-25. They provide advice, information and sexual health services. They are based at 1 St Peters Square in the centre of Stockport. At present they are only offering an appointment only service. For more information please refer to the website:

<http://www.centralyouth.org.uk/contact-appointments/>

Haematology

This speciality covers blood disorders. The speciality on the e Referral Service is haematology.

Advice and guidance for all patients is via the e Referral Service.

Home Oxygen Service - see Respiratory Medicine

IBD pathway

Rapid access advice is available for existing IBS patients from the IBD nurses by sending a referral letter to IBDSpecialistnurses@stockport.nhs.uk This pathway is available on the CCG website.

Patients who do not yet have a diagnosis should be referred via the gastroenterology RAS.

Interpretation services

Language	Interpretation Needs	Service Provider	Booking Method
Foreign Languages	Phone interpretation (immediate appointments)	The Big Word	Call direct: 0800 757 3053 Enter your Practice's access code followed by hash (#) then the code of the language you want (list included within guidance document <i>GP and Staff Guide to Interpretation</i>)
	Face-To-Face Interpreter	Stockport Interpreting Unit	Book in advance: 0161 477 9000
Sign Language	Face-To-Face Interpreter	Stockport Interpreting Unit	Book in advance: 0161 477 9000
	Skype (immediate appointments)	SignVideo	For immediate access to a signer – skype address: stockportccg.signvideo.net For support call: 020 3388 0771

Lifestyle Services

The service covers all aspects of healthy lifestyles.

<ul style="list-style-type: none"> • Stop smoking • Healthy eating • Healthy weight • Being more active • Drinking less alcohol • Drug misuse • Specialist physical activity, including PARiS* and falls prevention) • Social prescribing (including Desmond; Walking for health; and Food and health programmes <p>*Referrals to PARiS must be made by the GP or practice staff</p>
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Patients can self-refer or GPs and practice staff can make a referral on their behalf to any of the services below, by simply contacting the **START on 0161 474 3141**.

Patients or GPs and practice staff just need to provide the following details when ringing the START:

- Patient's name
- Contact details (phone number or email address)
- What support is being requested

Referrals can also be made by emailing START at stockport.start@nhs.net

There is also a website which provides further information:

<https://www.healthystockport.co.uk/>

Information about specialist weight management services can be found on page 24.

Lymphoedema clinics

Patients with Lymphoedema related to cancer can access services from below:

- Patients with **mild to moderate** Lymphoedema **secondary to cancer**, affecting one limb only, can be referred to Beechwood Cancer Centre. Note this is for a Key Worker level of service only.
- Patients with Lymphoedema **secondary to cancer** (mild to moderate, complex, severe, palliative), can be referred to The Christie. This includes people with swelling of bilateral limbs, genitals, trunk, breast or head and neck region. Swelling related to chemotherapy/drug therapy is not covered by the Lymphoedema service. Other causes of lymphoedema need to be excluded prior to referral to the service e.g. DVT, vascular problems, cardiac or renal problems.
- Patients with Lymphoedema **secondary to cancer** or its treatment can access services at St. Ann's hospice

Patients with Lymphoedema not related to cancer can access services below:

- Patients with **Primary Lymphoedema** (preferably following investigation by lymphoscintigraphy to confirm diagnosis); and patients with **Lymphoedema from other causes** (following completion of a vascular assessment) can be referred to St. Ann's Hospice. Patients with a BMI over 40 will be assessed on a case by case basis. This is currently our only provider for non-cancer related Lymphoedema services.



New Lymphoedema
Service Referral Form

Mental Health

Information below for mental health services for both adults (over 16s) and children under 16



Mental health
pathway model V3 02



Healthy Young Minds
Information.odt

There is a Manchester wide service for military veterans who need specialist psychological therapies.

Referral criteria

1. They must be a veteran of the British Armed Forces (includes current reservists when not mobilised).

2. Their mental health condition must be related to their military service, such as linked to experiences whilst serving and/or difficulties with transition to civilian life.
3. The individual must be suitable for psychological therapy but unable or unwilling to access local mainstream services.
4. The Military Veterans' Service **does** accept referrals for veterans whose mental health problems are co-morbid with alcohol/substance misuse, and those with significant forensic histories.
5. The service **does not** accept referrals for veterans under the care of secondary care mental health or specialist services, unless the veteran is stable enough for discharge to the Military Veterans' Service.

Referrals can be made in the following ways:

Veterans can self-refer by calling 0300 323 07078 or completing the secure online form at: www.penninecare.nhs.uk/military-veterans

Professionals should make a referral using the referral form overleaf and fax it to 0161 761 7083 or email it to: the.mvs@nhs.net

Microbiology Clinical Advice Service

Clinical Enquiries phone support available from 9-12am and 2-5pm Tel 0161 419 4491/4695

Email: snt-tr.pathologyenquiries@nhs.net

Results and Technical Advice: Tel 0161 419 5617

Neurology

This speciality is concerned with the diagnosis and treatment of disorders of the nervous system which includes the brain, the spinal cord and nerves. These include Parkinson's disease, epilepsy and motor neurone disease.

Referrals need to be sent via e Referral Service.

Speciality	Service name	Service provider location
Neurology	GM-Neurology Advice and Navigation Service-Salford Royal Foundation Trust-RM3	Telephone assessment

Because the service offers appointments all over Greater Manchester you must include two hospital options of where your patient would like to be seen. This can include Stepping Hill.

Neurosurgery

Patients should be booked via e Referral Service.

Ophthalmology

This speciality is concerned with eye conditions including cataracts and glaucoma.

Cataracts are normally diagnosed by a patient's optometrist (optician) who will carry out an assessment, discuss the choice of providers with the patient then send the referral direct to the provider. If a patient is diagnosed with cataracts by the GP they should be referred to their optometrist for assessment and onward referral as appropriate.

Any referrals made via optometrists will be sent directly to secondary care via their electronic booking system.. You will continue to receive a copy of the referral information via the Docman hub. For a short time MECS referrals which require onward referral to secondary care will need to continue to be processed via the e Referral Service by practices.

Please note that referrals from optical practices outside of Greater Manchester will continue to be sent to you and you will need to refer on via the e Referral Service. Although work is ongoing across Greater Manchester to ensure that all optical practices in Greater Manchester are engaged with this work you may still occasionally receive a request for the GP practice to carry out the onward referral. Please process the referral but also email admin@gmlocs.co.uk (no patient identifiable data) and the optical practice that you get these from to let them know that the incorrect process was followed. They can then ensure that they move to using the electronic direct referral service.

For patients who require occuoplastics there is no service available at Stepping Hill hospital. Patients should be offered a choice of other local providers. When referring to this speciality please refer and adhere to the EUR policy. **Please note that there is no facility for 2WW (cancer) referrals. Any referrals for suspected cancer should be referred as an urgent and clearly state at the start of the letter it is for a suspected cancer.**

For children requiring ophthalmology referrals these should also be done via the e Referral Service. The speciality is child and adolescent services.

This children's service is run by Royal Manchester Children's Hospital but the clinics are held at Stepping Hill Hospital. Phone number for queries is 276 5533.

See also CUES and wet AMD

Orthopaedics

This speciality covers bone, joint, muscle and ligament conditions.

Fracture clinic

Referrals to the fracture clinic will usually be for patients who have had an acute fracture away from Stockport and need follow up closer to home. Referrals should be emailed to them on snt-tr.fractureclinicreferrals@nhs.net. Patients should be told to expect a turnaround time of around 3 days. Please do **not** give the patients the direct number of the clinic as staff cannot manage this additional demand. Patients who are referred for x ray and are found to have a fracture should be referred directly to ED by the x ray department and then followed up in the usual way.

Referrals

Only patients who have red flags should be referred direct to secondary care. All other patients should be referred to the appropriate pathway. Please see below.

Patients with spinal problems-aged 16 and above

Patients with spinal problems should be referred via the practice based First Contact Practitioners (FCPs). These referrals are processed via EMIS managed referrals. Referrals received in secondary care which have not been via the FCPs will be returned to practices to be referred to them

Patients with upper/lower limb problems (excluding foot/ankle)

Patients should be referred to the Orthopaedic Assessment Service. This is a Referral Assessment Service (RAS) and patients need to be advised that they will be contacted direct by the provider.

Service name	Service Provider Location
Orthopaedic assessment referral service-Stockport NHS Foundation trust	Kingsgate House

Orthotics/foot and ankle problems

All patients with foot and ankle problems must be referred to the foot and ankle assessment service. The podiatry Service will **only** accept Referrals sent electronically via EMIS Web.

Paediatrics

This speciality covers children under 16.

On the e Referral Service all children's services will be found under:

Speciality: Children's and Adolescent Services.

The appropriate clinic type should then be selected.

If a general paediatric referral is required then 'community paediatric' clinic type should be selected. These clinics are area specific and generally take place at local Health Centres.

For surgical referrals please refer to the documents below. These refer to both emergency and routine referrals.



Paediatric Surgery
Notes for GPs.docx



Paeds-Referral-Guid
elines-SHH-Info-Shee

For babies under 6 months requiring hip scans please refer via e Referral Service

Speciality	Clinic type	Clinic name
Children & Adolescents	Orthopaedics	Orthopaedic Hip Screening <6 months Stockport NHS Foundation Trust RWJ

Physiotherapy

First Contact Physios are available at most practices. Appropriate patients aged 16 or over can be booked direct into an appointment for an MSK condition. They will be seen and assessed by an expert physiotherapist.

In addition, for those patients who do require physiotherapy there is also a direct access service based at Kingsgate. Referrals should be emailed to oadmin@stockport.nhs.uk Reception number is 0161 204 4673.

This is an 'opt in' service. Patients are sent a letter and asked to ring and make their appointment. If they do not make contact with the service they will be discharged back to their GP. Please do not refer patients to any Orthopaedic Triage Services if they require physio. The referral will be returned to you and will delay your patient being seen.

Out of area physiotherapy

For patients who are aged 16 and above that have had surgery outside the local area and now require physio we have a contract with The Alexandra Hospital. Referrals should be faxed to 0161 495 7773 marked NHS patient/out of area contract.

Rapid Access Clinics

Chest Pain-this must be booked via e RS. Speciality: cardiology, Clinic type: rapid access chest pain. Priority: urgent. **Please note that this is a telemedicine appointment at present.**

ENT- Stepping Hill hospital-there is a rapid access clinic available via e Referral Service for epistaxis (nosebleed) and for ear discharge. However if the GP does not feel that the patient can wait to be seen they will need to contact the ENT via the on call team.

Referrals should be sent via e Referral Service:

Urgency	Clinic name	Service Provider Location
Urgent	ENT – Rapid Access-epistaxis and aural care	Stepping Hill Hospital

See also **Minor Eye Conditions service**

See also **TIA clinic**

Respiratory Medicine

This speciality covers conditions associated with the lungs including COPD and asthma.

Appointments should be booked via the e Referral Service. Speciality: Respiratory Medicine

There is a community-based clinic at Kingsgate for patients with COPD. This consists of a Multidisciplinary Team including a GP with Specialist Interest, a Specialist Nurse and Physiotherapist. This team also assess a patient's suitability to attend the Pulmonary Rehabilitation Programme.

Home Oxygen Service

Home Oxygen Equipment is not routinely ordered by GPs but if/when required please see the information below and embedded documentation which includes the Home Oxygen Order Form (HOOF) Part A, Initial Home Oxygen Risk Mitigation (IHORM) & Home Oxygen Consent Form (HOCF) and guidance on how to complete the forms and submit to the supplier.

-The HOOF Part A should be used when the home oxygen equipment request is made by non-specialist Healthcare Professionals (HCPs) including GP Practices or to supply pending a review by a specialist Health Care Professional.

-A HOOF Part A can be used to order a concentrator or static cylinder.

-Ambulatory equipment can only be ordered by home oxygen specialists, once the patient has undergone an oxygen assessment.

When completed, the HOOF Part A should be emailed to BHLTD.ehoof@nhs.net



Updated Part A
HOOF Final March 17



Final IHORM_ IG
approved 298.doc



HOOF part A guide
SEP20 v2.pdf

Rheumatology

This speciality covers diseases of the musculoskeletal (bones, muscles, joints) system. This includes conditions such as rheumatoid arthritis and fibromyalgia. Advice and Guidance is also available for new patients only.

Appointments should be booked via the e Referral Service. The speciality is rheumatology.

If referring to Stepping Hill Hospital please ensure that you refer to the right clinic. There is a specific Referral Assessment Service for early inflammatory Arthritis (EIA) all other referrals should go via the Rheumatology Referral Assessment Service(RAS)

Please note that there is no rheumatology service available at Macclesfield.

Dexascan - see diagnostics.

Surgery

This speciality is divided into many sub-specialities (see below)

Lumps and Bumps - See Minor Ops Section

Many procedures carried out within this speciality fall under the EUR policy. Please check the EUR policy to ensure that your patient fulfils the criteria before referring.

Plastics

Many procedures carried out within this speciality fall under the EUR policy e.g. breast surgery and minor ops. Please check the EUR policy to ensure that your patient fulfils the criteria before referring.

Gastrointestinal Surgery

This speciality covers surgery on the digestive system. There are subspecialties of upper and lower GI surgery. This includes cholecystectomy (removal of the gall bladder).

Clinic speciality for all the above is GI and liver (medicine and surgery)

TIA Rapid Access Clinic

The most important things to remember are:

- Follow the guidelines on the referral form
- Complete and email the referral form immediately to Stockporttia@stockport.nhs.uk,
- Please stress to the patient the importance of attending their appointment

Tissue Viability and leg ulcer service

The team is available to talk to from 8:00-4pm Monday to Friday. For urgent enquiries they can be contacted via bleep 1499 at Stepping Hill hospital. Messages can also be left on the tissue viability answerphone 419 4234.



Lower limb



Tissue Viability

assessment referral Form (NEW)

The appropriate form should be sent along with a copy of the patients most recent:

- i. Wound assessment/care plan
- ii. A photograph
- iii. Medical history
- iv. Medication list

This should all be emailed to snt-tr.TissueViability@nhs.net

The Tissue Viability referrals are for patients with any other wound type except foot ulcer who should instead be referred to Podiatry Services.

Urology

This speciality covers all aspects of urinary problems.
All referrals must be booked via the e Referral Service.

The speciality type is: urology.

For the continence service there is a separate RAS in place (see page 7 community based services). Referrals will then be triaged and patients referred into the most appropriate healthcare professional to best meet their needs. This may include specialist nurses or physios.

Vasectomy Service

There are 2 local GP practices that provide this service-Dr Eaton at Stockport Medical Group and Dr Maher Al-Ausi at Marple Cottage Surgery in Marple. Referrals should be sent via the e Referral Service.

This procedure is not commissioned as a secondary care service-see EUR policy.

Weight Management

Weight management services are run by MoreLife UK. Eligibility criteria is:

- Adults with BMI >40kg/m² who are being considered for bariatric surgery
- Adults with BMI 35kg/m² and above
- Adults with eating disorders associated with their obesity (BMI 35kg/m² and above)
- Pregnant women with BMI 35kg/m² and above
- Adults from Black and Minority Ethnic (BAME) communities with BMI 35kg/m²

They can be contacted on 0161 511 0300 or email: morelife.GM.SAWM@nhs.net

Wet AMD

Optometrists should be referring directly to Optegra but if you receive a standard referral for this condition please email this to optegra.urgent@nhs.net

If you feel one of your patients has wet AMD you can also refer directly to Optegra but the referral criteria should be met and should include visual acuity. If you don't have this information, or are unsure of the reason for a drop in vision, you can send urgently to CUES (see page 8) for differential diagnosis and onward referral if required.

Please see the LOC (Local Optical Committee) website at:
<http://www.gmlocs.co.uk/GMEast/Stockport-Referrals> for up to date information on all ophthalmology referrals.