

# HRT Prescribing Protocol

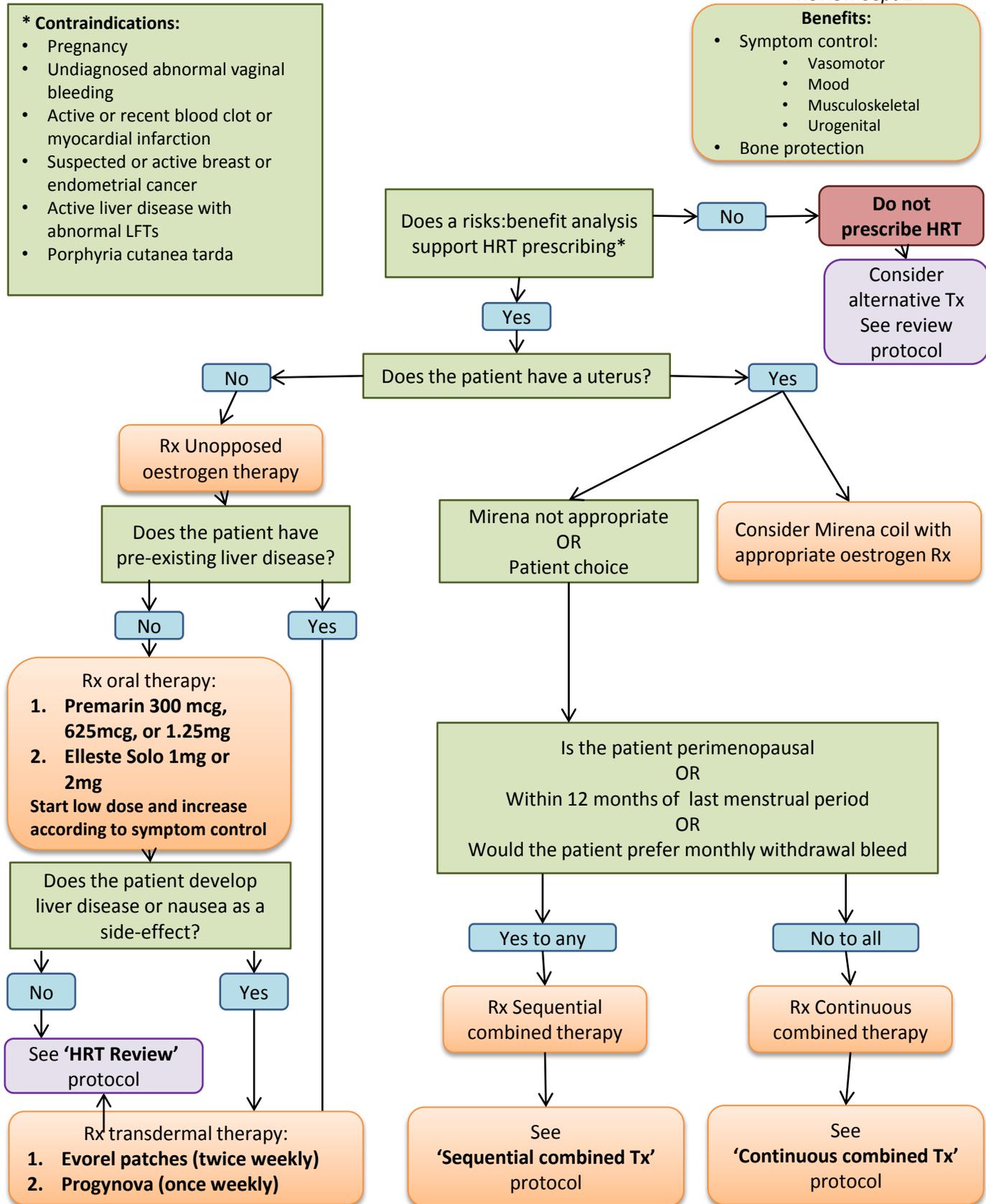
Sept 13  
Review Sept 14

## \* Contraindications:

- Pregnancy
- Undiagnosed abnormal vaginal bleeding
- Active or recent blood clot or myocardial infarction
- Suspected or active breast or endometrial cancer
- Active liver disease with abnormal LFTs
- Porphyria cutanea tarda

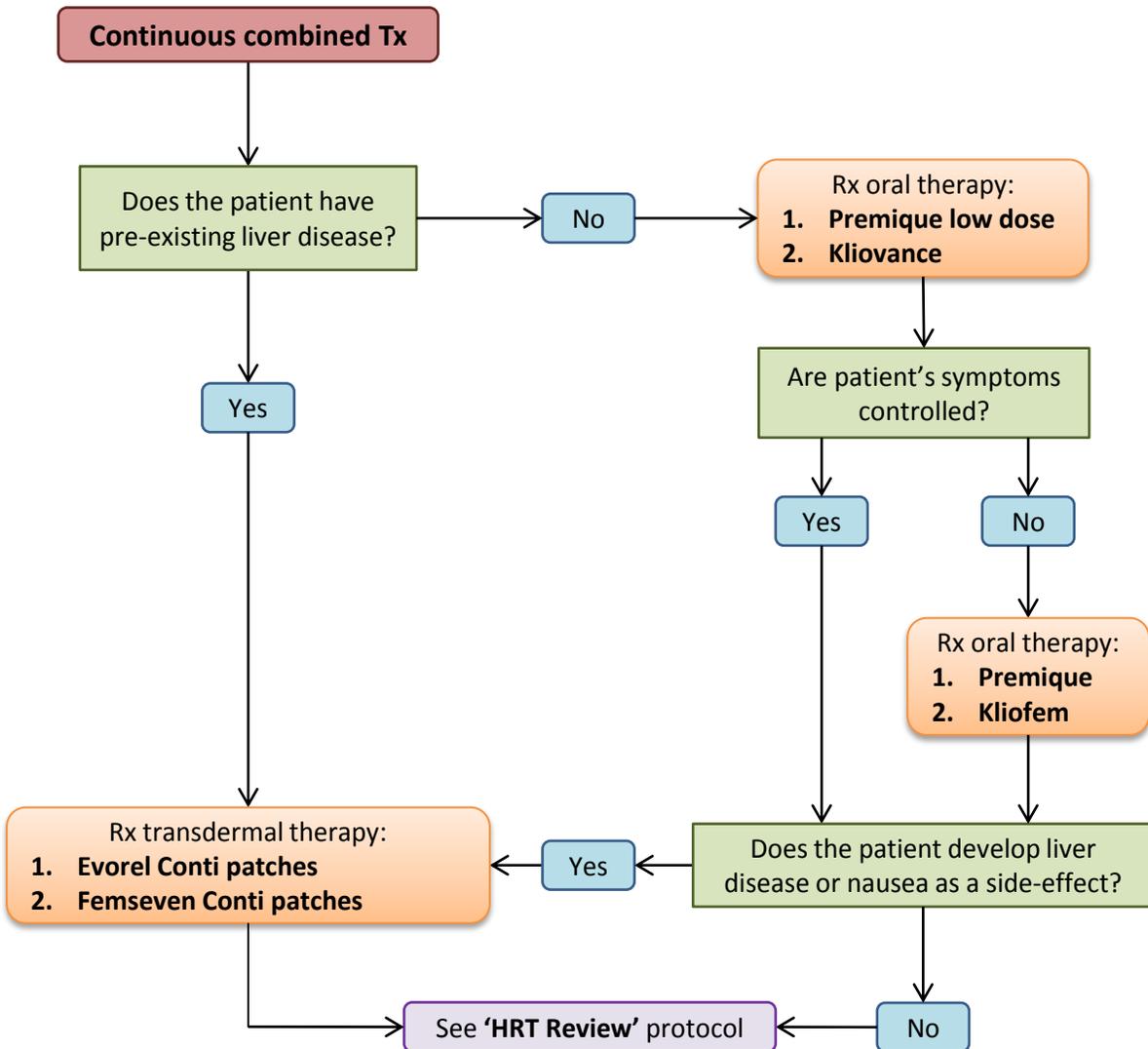
## Benefits:

- Symptom control:
  - Vasomotor
  - Mood
  - Musculoskeletal
  - Urogenital
- Bone protection



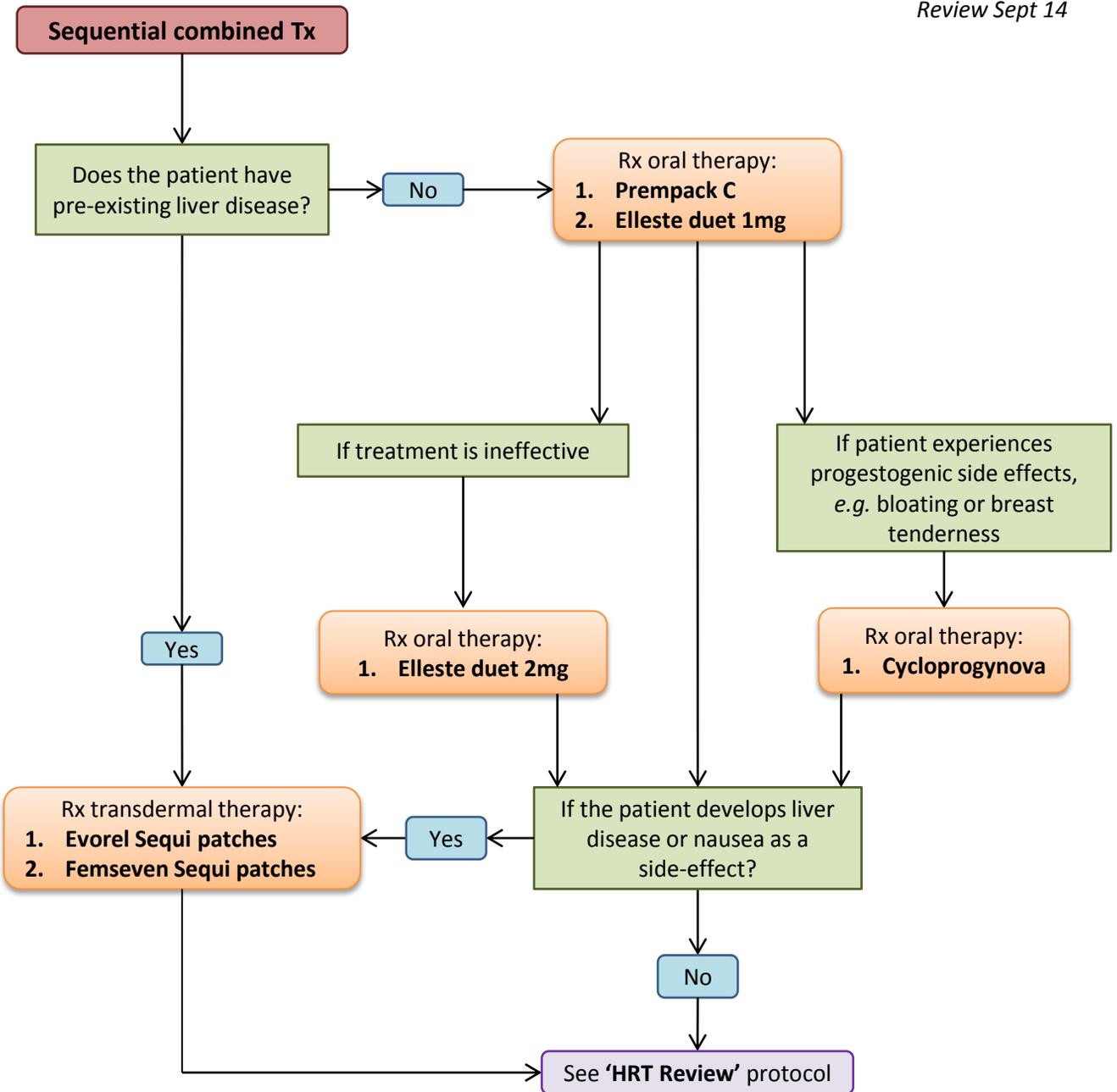
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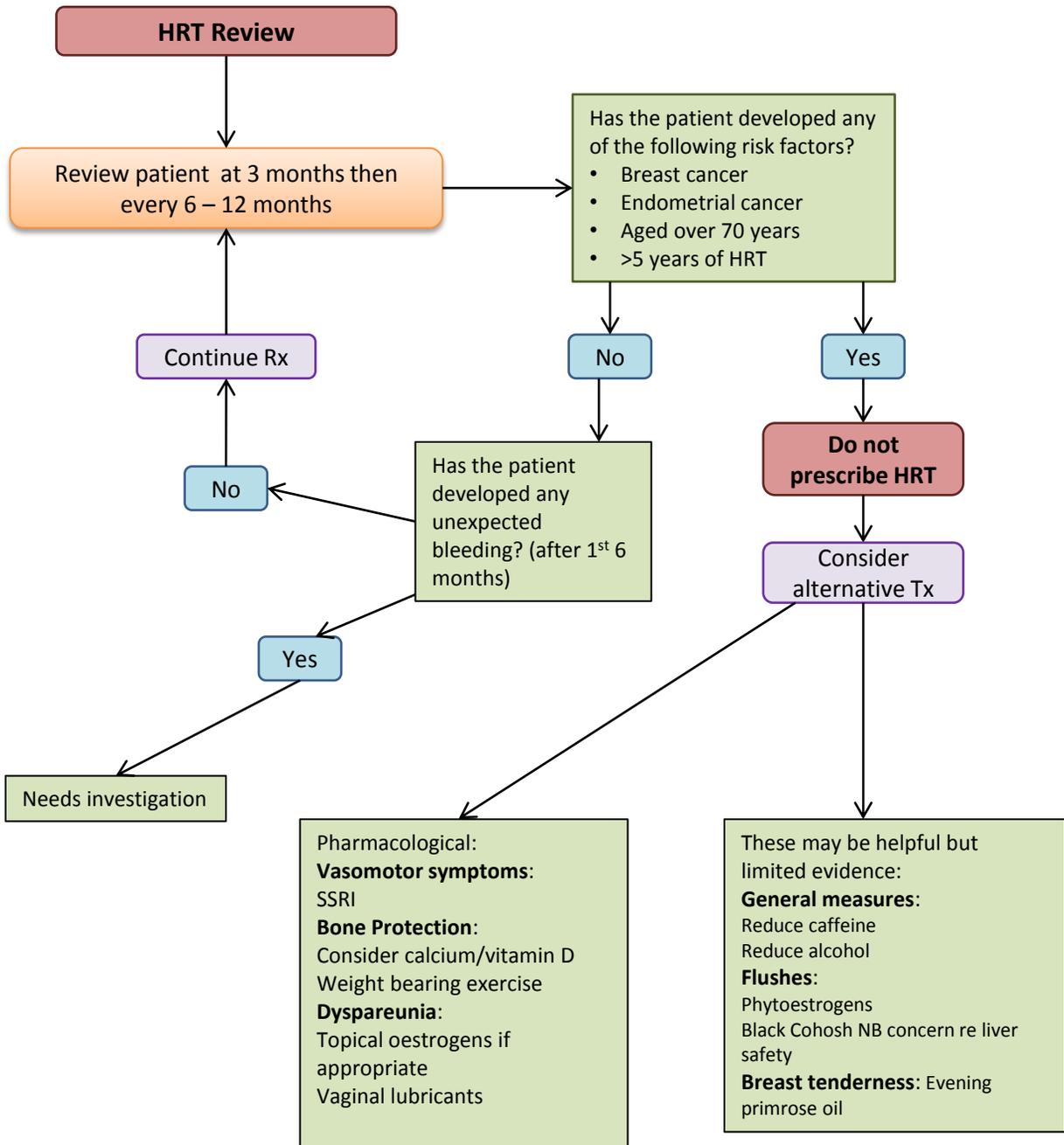
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HRT does not provide contraception – will need to use eg barrier method (don't use with oil based lubricants)