



A G-STRAP IS A FIXATION DEVICE FOR A CATHETER OR SHEATH

A G-Strap can be used on a leg or an abdominal G strap (longer in length) can be used for a supra pubic catheter. They are washable and can be reused. They are usually supplied in boxes of 5. Patients would be expected to reuse them and maximum supply should be no more than 1 box every 3 months



LEG BAG STRAPS NEEDED TO HOLD A LEG BAG SECURE TO THE LEG

Leg bag straps are supplied in each box of 10 leg bags i.e. one pair so shouldn't routinely require a separate prescription. They are reusable and washable. Advise patients to wash and reuse with no infection risk.



AQUASLEEVES ARE MATERIAL LEG BAG SUPPORTS AND CAN BE USED FOR EXTRA SECURITY

Used instead of leg bag straps they are reusable and washable. They are sized for each patient and are supplied on prescription in boxes of 4. As with G straps, encourage their reuse. 3 -4 boxes per year should be sufficient.



FIXATION TAPE eg Clinifix , Ugo fix, Optifix USED TO SECURE CATHETERS/TUBES IN PLACE.



A LEG (DAY) BAG IS USED TO ATTACH TO A CATHETER, SHEATH OR ACTIBRIEF TO COLLECT URINE e.g.

Prosys P500S

Leg bags can be used for 1 week and then should be changed. When connected to a catheter it is important that the sterile connection is left in place for a week so definitely recommended behaviour. Leg bags are supplied on prescription in boxes of 10 and therefore last for 10 weeks. There is no reason why patients need more than 1 leg bag per week so a box should last 10 weeks. 6 boxes per year would be an acceptable amount. Patients or carers could put the date on the back of the bag when new bag is attached. Suggested dosage instructions, "Each bag should last 5-7 days".



LEG (NIGHT) BAGS ARE USED TO DRAIN URINE INTO ARE USUALLY CONNECTED TO A LEG BAG e.g

Prosys P2000S

Night (bed) Bags Single use drainable

These should be used routinely. Each bag should last 24 hours, 3 x 10 per month. Suggested addition to dosage instructions "Single usage only"

Night (bed) Bags Drainable – There are usually for bed bound patients, used like a leg bag and kept in place for 7 days. For use with sheath system. Patients must be clinically assessed for this type of product. Each bag should last 5-7 days. No more than 1 x 10 should be issued alternate months (6 x 10 per year). Suggest that patients put the date on the back of the bag when new bag is attached.



A CATHETER CAN BE URETHRAL OR SUPRA PUBIC. AND IS A DEVICE TO DRAIN URINE FROM THE BLADDER. They can be All silicone catheters or Hydrogel coated catheters e.g Rusch Brilliant or Sympacath aquafate, Bard biocath

Long term catheters manufacturers guarantee a catheter can stay in the bladder for a maximum of 12 weeks. In reality each patient is different and will have catheter changes based on their condition and any problems they may have with their catheter. District Nurses aim to replace every 10 weeks, patients usually have 2 spare in stock encourage rotation.

Intermittent Catheters e.g. Coloplast speedicath, Lofric Sense nelaton

Single use, may be used each time the patient requires to void (100-150 per month)

More than 180 per month refer or consult with the Continence Team

Prescribed in multiples of 25s or 30s depending on manufacturer

Suggested addition to dosage instructions "3-5 catheters may be required each day"

PTFE Catheters e.g Rusch PTFE Aquaflate

Product licence for catheter up to 28 days.

If more than 2 per month, refer to Continence Team

Prescribe in multiple of 2s



PENILE SHEATH is an external device used for male continence issues

These are all directed to stay in place for 24 hours and are usually supplied in boxes of 30. Some patients do change their sheaths twice per day and this is an acceptable maximum quantity supply in the majority of cases. Patients using more who express that they have issues should be referred to the continence service Patients do need resizing as they age and may need a smaller sheath (often why it is falling off and they are using more).



CATHETER VALVE used to attach to a urethral catheter when a leg bag is not needed.

The catheter valve can be used for one week and then should be changed. They are supplied in boxes of 5 and 1 box per month is the normal supply. A patient would use disposable night bags when using a valve. In some cases may also be used with leg bags.

Any queries about this document or any other matter regarding products and appliances please email continenceservice@stockport.nhs.uk or call 0161 835 6476 or Fax 0161 835 6473. Do not include any patient identifying details in emails, for patient specific queries please call the number above and leave a message with your contact details and someone will call you back.