

## **NHS** Stockport Clinical Commissioning Group

Anticoagulants (Warfarin, acenocoumarol, phenindione)						
Reference	How To Guide 22					
Version	1.2					
Approval date	01.02.2019	Approved by Dr Becky Locke & Dr Simon Woodworth				
Review date	01.02.2020					

## 1. Purpose

Patients taking warfarin or other anticoagulants (acenocoumarol [sinthrome<sup>®</sup>] and phenindione) need regular blood monitoring and adjustment of their dosage to maintain their international normalised ratio (INR) within their defined range. Initiation and subsequent dosing is undertaken by local anticoagulant clinics.

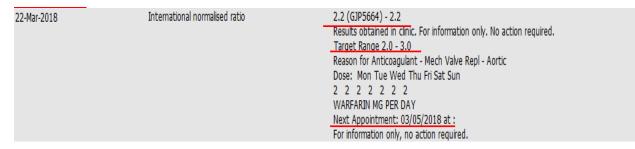
Anticoagulant clinics will issue patients the full anticoagulant therapy information pack at the start of treatment, i.e. at the first appointment to initiate warfarin.

- The yellow books are intended to be patient held and should not be retained by the warfarin clinic
- All INR results and the current recommended dose should be entered into the record book

## 2. Procedure

When receiving a repeat prescription request for anticoagulants:

- Check in 'investigations' at the top of the Emis screen to check when the last INR was done, unless the most recent INR has been attached to the prescription request. All INR information should be scanned to the patient record before prescriptions are submitted.
- An example of an INR in investigations that is in target range (2.0 3.0) is as follows;



• Take care to look at the time line for test results. The result should display the date when the result was obtained and when the next INR is due. The request for warfarin must fall between these two dates. For example if the record says:

## Target INR 2.0-3.0. Your INR is 2.2 on 22<sup>nd</sup> March 2018. Your next INR is due on 3<sup>rd</sup> May 2018

AND the request for warfarin is received the 3<sup>rd</sup> of May 2018 (or later) this result is no longer valid and the patient must be referred back to the anticoagulant clinic to obtain an up to date INR. If a prescription is urgently needed, speak to a prescriber.

- Once this has been checked send the request to the GP as normal ensuring there is a task comment with the recent INR result and date.
- If the result is in range this can be noted as per below, however if the result is not in range the GP should be made aware.

🛆 Warfari	in 3mg tablets TAKE	AS DIRECTED IN	THE YELLOV	V ANTICOAGULAT	TON BOOK, 56	tablet	
O Underus	ed (65%)		Over	ride Reason			
							Tot
Task Comment:	INR 2.2- 22/03/18- I	rangel					
Task comment.	INIX 2.2- 22/03/10-1	Tange					
Printer Scope				🛤 💿 Store	Postdate		

• If you are not able to obtain the required information because it has not been provided or cannot be accessed via the electronic system you must contact the patient or carer. If unsuccessful consider contacting the requesting pharmacy or anticoagulant clinic to obtain the required information.

This document is part of a suite of documents produced for the sole purpose of NHS Stockport GP practices in managing the prescription process. The CCG accept no responsibility or liability for any use of the information the documents contain outside of NHS Stockport GP practices or for adoption by other organisations providing health or care services