

Basic Life Support – Adult, Paediatric & AED Training

Date	Time	Venue
Friday 11 th July 2025	10am – 11.30	Kennedy Way, Unit 2, Green Lane SK4 2JT
Thursday 4 th September 2025	10am – 11.30	One Stockport Family Hub, Westmorland Drive SK5 8HH
Tuesday 11 th November 2025	2pm – 3.30	Heaton Moor Medical Centre, 32 Heaton Moor Road SK4 4NX

Target Audience: - This training is suitable for the whole general practice workforce. All staff should attend the whole session as best practice highlights that BLS training for both adults and paediatrics is required. Clinical staff should undertake this face-to-face training annually, non-clinical staff should undertake this face to face course initially and then every 3 years, e-Learning should be undertaken in years 2 and 3.

Course Aim: - This course aims to provide delegates with a level of resuscitation competence for both adults and paediatrics.

Learning Outcomes: - Upon successful completion of the course delegates will be able to:

- Recognise cardio-respiratory arrest
- Appropriately summon emergency help in accordance with local protocols
- Perform CPR in the form of chest compressions
- Understand current legislation and local resuscitation policies and procedures
- Recognise and respond to patients with clinical deterioration, escalating care in accordance with local policy
- Initiate an appropriate emergency response, which may include management of choking and the use of the recovery position, all in accordance with current Resuscitation Council (UK) guidelines
- Initiate and maintain effective chest compressions in accordance with current Resuscitation guidelines for adults, children and infants
- Provide basic airway management for adults, children and infants
- Initiate and maintain effective lung ventilations in accordance with current Resuscitation Council (UK) guidelines for adults, children and infants
- Operate an Automated External Defibrillator (AED) safely and appropriately
- Understand individual roles and responsibilities in responding to persons in emergency situations
- Understand individual responsibilities in accurately reporting and recording details of an emergency event
- Understand the importance of undertaking any resuscitation interventions within the limits of personal capabilities and context of any previous training received
- Understand how the local Do Not Attempt Resuscitation Policy should be applied within a clinical context
- Recognise and apply emergency treatment of anaphylactic reactions

Trainer: First Aid & More

Refreshments Provided: Unfortunately, no refreshments are provided, please take drinks with you as required.

Cost: The cost per person for this training will be £18.00 for delegates employed by a Stockport General Practice, for any other delegate the cost will be £30pp. The cost of this training will be deducted from your next practice payment from NHS GM (see below for more details).

Booking Information:

To book a place an email must be sent to gmicb-sto.learningdevelopment@nhs.net from either the Practice Manager or Lead GP confirming the names, roles and contact details of those that require places. By submitting this booking request, you are confirming that you have agreed a process to deduct any agreed costs from your next payment from NHS GM.

Locums and individuals who would like to self-fund should try to agree this process within their practice or their main practice so the above process can be followed (the next practice payment is deducted from NHS GM) and they in turn deduct payment from the individual. Where this is not possible, we will arrange an alternative method of paying and self-funders should email as above to book a place/arrange payment.

Terms and Conditions

The department is sympathetic to issues which may arise, however, if an individual is unable to attend an event for any reason, the learning and development team should be contacted via e-mail on gmicb-sto.learningdevelopment@nhs.net as soon as possible (prior to the final date as below):

Date of Training	Final Date for Cancellations
Friday 11 th July 2025	Friday 20 th June 2025
Thursday 4 th September 2025	Thursday 14 th August 2025
Tuesday 11 th November 2025	Tuesday 21 st October 2025

After this date practices will be liable for the full cost, we will endeavour to find a new delegate to take the place, but this cannot be guaranteed.

Should NHS GM cancel the course, practices will be contacted to re-arrange the booking or will be issued a refund as required.

Practices who book any training with NHS GM, Stockport will be sent a monthly report outlining their expenditure to enable them to reconcile this with the associated payment deduction that will be shown as training costs on the itemised remittance received from NHS GM

Virtual Sessions Please note these sessions may be recorded and shared with others working across Greater Manchester in Health & Social Care. If you attend these sessions, we will assume, you consent to the event being recorded and shared. If you have any concerns around this, please email gmicb-sto.learningdevelopment@nhs.net.