

# Don't switch off... when they switch on



**IT'S  
NOT  
OKAY.**

Grooming and child sexual exploitation can happen online.

Do you know how safe your child is?

- **Talk** to your child about what they do online and how they can stay safe
- Regularly review security **settings**
- Need **help?** Visit [www.itsnotokay.co.uk](http://www.itsnotokay.co.uk) for advice

# Keep switched on... when they're off out



**IT'S  
NOT  
OKAY.**

Grooming and child sexual exploitation can happen anywhere.

Do you know where your child is?

Who are they with? Are they safe?

For help and advice [www.itsnotokay.co.uk](http://www.itsnotokay.co.uk)